Dear Friends of Community Solutions Inc.,

Community Solutions, Inc. (CSI) has been a leader in community based services since its founding in 1962 (then named Connecticut Halfway House). Our agency’s history is steeped in advocacy and commitment to our clients and our communities. Our founders diligently worked to solve problems voiced by community leaders across the state, namely, the need for a community-based residential program to aid in community reentry for people leaving the state prisons.

In 1964 we launched the first halfway house in New England with a model that was ultimately replicated across Connecticut. From those humble beginnings, CSI has grown to operate over 50 programs, training contracts, and/or services in ten states and Canada. CSI has built upon its successful foundation and has expanded to serve thousands of adults, youth, and families each year. This is done through partnerships with county, state, and federal juvenile and adult criminal justice systems and child welfare agencies. We are proud to continue to further the successes of our early programs and to live up to our name, Community Solutions.

From the expanded use of community-based care in residential re-entry centers, to day reporting centers and in-home services, the past decade has seen enormous and positive change in our systems. CSI has been at the forefront of many of those innovations, either through the implementation of our own programs, or programs for one of our many government funding agencies leading those efforts.

This year has brought a significant change to CSI, with the appointment of Fernando Muñiz as our new Chief Executive Officer (CEO). Fernando succeeded Bob Pidgeon, who led CSI through tremendous growth and expansion during his 15 year tenure as CEO. Fernando joined CSI in December of 2017 after nearly 20 years in state government and in the non-profit field. During his first year at CSI, he visited all of our programs, met with our funders and initiated a strategic planning process that will guide CSI as we approach our 60th anniversary. Together with Chief Operating Officer Sherry Albert, Chief Financial Officer Marlene Thomas and Chief Development Officer Terri Williams, Fernando and the rest of the staff are building on our rich history and positioning CSI for the future.

To the dedicated board members who have supported CSI, the talented staff who have worked with clients over the years, the generous and supportive charitable foundations, and especially to the adults and youth who have benefited from our programs and have thus benefited society, we say thank you.

Sincerely Yours,

William J. Frachetta
Dear Friends of Community Solutions Inc.,

In fiscal year 2017-2018 Community Solutions, Inc. continued to excel in providing services to people involved with the criminal justice, child welfare and juvenile justice systems. Our innovative and evidence-based programs served nearly 6,000 people with tremendous success. Furthermore, we expanded our offerings in several areas. Our California programs now include youth services and expanded training. In Rhode Island, where we have been providing youth services for over 20 years, we are now offering discharge planning services for people reentering the community from the criminal justice system. We also continue to be a leader in the implementation of evidence-based treatment services, serving youth and their families in rural and urban areas alike.

CSI’s Training and Resource Center (TRC) has grown to provide evidence-based training and quality assurance for not only our own staff, but also for external customers including federal, state, and private agencies across the country. In 2018, we expanded our contracts with several jurisdictions and received very positive preliminary results about the efficacy of our quality assurance work from our research partner, the University of New Haven. The research results show that our Training and Resource Center can be a valuable partner for agencies seeking to improve the quality of their practice.

Like many non-profits, Community Solutions faces growing pressure from decreases or flat funding of government contracts. We are facing that challenge head-on by seeking to expand our other sources of support, such as new support from foundations and exploring social enterprise opportunities. We are pleased that in 2018 we received the support of the Hartford Foundation for Public Giving to help fund part of our strategic planning, support from Serving USA, The Santa Barbara Foundation, and The James Bower Foundation to fund our Neurofeedback pilot program in California and the continued support of the Watkinson Prisoner’s Aid Society to support our Hartford area residential programs.

In 2018 we also began the process of developing a new strategic plan, which will chart a course for CSI over the next five years. Our goals will include ensuring the communities we serve have access to a high quality continuum of care, investing in CSI’s people and infrastructure, and building on the strong, productive relationships we have throughout our field. We’ve engaged stakeholders and staff at all levels during the process and will continue to seek their input as we take CSI to the next stage of its development.

As I complete my first year as CEO of Community Solutions, Inc., I am optimistic about our future and look forward to working with our board, staff and partners to implement our new strategic plan. I am most heartened by the dedicated staff I met during my program visits in early 2018. Their commitment to our mission and diligent work on behalf of the people we serve are the foundation on which our future successes will be built.

Sincerely,

Fernando J. Menuez
OUR BOARD

BOARD OF DIRECTORS

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Retired

Vice Chair
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Department of Education

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Mr. Eric Miller
Attorney
Murtha Cullina LLP

Ms. Stephanie O’Keefe
CPA
CIGNA
OUR FOOTPRINT

Community Solutions, Inc. (CSI) is an international nonprofit organization that provides programs for at-risk and disadvantaged youth and adults. Since 1962, CSI has delivered supervision, treatment, and comprehensive, individual services to help clients interact more effectively in their communities and become productive citizens.

Adult Services:
- Day Reporting Centers
- Alternative in the Community Programs
- Residential Programs
- Evidence-Based Curriculum

Youth Services:
- Home-Based Services
- Residential Program
- MST Training and Quality Assurance Services

Founded in 1962
Type of Organization: Private nonprofit 501c3 Corporation
Structure: Volunteer Board of Directors
Annual Budget: $32,266,221
Employees: 427

Direct services are provided in California, Connecticut, Delaware, Georgia, Maryland, New Jersey, New York, Pennsylvania, and Rhode Island. Quality assurance and consultation services are provided in California, Connecticut, Canada, Georgia, and Utah.
# OUR SERVICES

## ADULT SERVICES

**Alternative in the Community Programs**, or AIC Programs, are community-based alternatives to incarceration that provide multifaceted intervention services for offenders awaiting trial, or who are on probation or parole. Participants work closely with case managers, intervention and employment specialists to develop individual goals and make positive changes in their lives.

**Cognitive-Based Services** provide cognitive-based group services to probationers within the Probation Department. Evidence-based practices are used to help increase self-awareness, motivate pro-social change, and enhance protective factors.

**Community Court** is a program where offenders charged with misdemeanors are assigned to perform one to three days of community service in lieu of fines or jail time. Community Court staff meets with neighborhood associations to match projects with local needs.

**Day Reporting Centers** provide a community-based alternative to incarceration using Motivational Interviewing techniques and a curricula-driven, evidence-based model designed to assess the needs of each client. Participants work closely with case managers and employment specialists to develop individual goals and make positive changes in their lives.

**Residential Work Release Re-entry Centers** are programs for state and federal work release clients who live in a congregate setting and are supported as they obtain full-time employment and meet financial and self-sufficiency goals. The programs administer assessments, monitor compliance with treatment plan goals, and involve client in direct treatment services that address their criminogenic tendencies.

## CSI TRAINING AND RESOURCE CENTER (TRC)

The CSI Training and Resource Center (TRC) has been providing evidence-based training, consultation, and Quality Assurance (QA) to federal, state, and private agencies since 2004. The TRC provides services in four main categories:

- Training System Evaluation and Recommendations
- Training Staff in Evidence Based Practices and Interventions
- Quality Assurance (QA) Coaching, Certification & Training
- Consulting/Data Collection
### OUR SERVICES

#### YOUTH SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adolescent Residential Treatment</td>
<td>Provides clinical services, education, substance abuse assessment, treatment and monitoring, structured recreation, life skills, and individual, group, and family counseling for youth ages 12 to 17 who need help reducing antisocial behavior and transitioning back into the community.</td>
</tr>
<tr>
<td>Functional Family Therapy (FFT)</td>
<td>An in-home service that is an outcome-driven and highly successful family intervention program for at-risk youth and juvenile justice involved youth ages 11 to 17 years old. FFT can be provided in a variety of contexts, including schools, child welfare, probation, parole/aftercare, mental health, and as an alternative to incarceration or out-of-home placement.</td>
</tr>
<tr>
<td>Multisystemic Therapy (MST)</td>
<td>A highly researched, intensive family and community-based treatment model that addresses multiple aspects of serious antisocial behavior in adolescents 11 to 17 years old. MST addresses the multiple factors known to be related to delinquency across key settings or systems, and strives to promote behavior change in the youth’s natural environment.</td>
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<tr>
<td>Training and Consultation</td>
<td>As an approved MST network partner, we offer new and existing licensed MST teams, five-day orientation training, clinical supervisor training, and weekly consultative services to initiate and maintain quality MST services.</td>
</tr>
<tr>
<td>MST-Emerging Adults (MST-EA)</td>
<td>Is for 17-26 year olds with criminal justice involvement and can also include serious mental health conditions. This adaptation of MST is focused on transition age youth and young adults with justice system involvement and psychiatric disabilities. These emerging adults are old enough to emancipate from their families and may be living independently or in foster care. There is additional focus in this adaptation on social network, individual factors, mental health treatment, housing, vocation, and life skills.</td>
</tr>
</tbody>
</table>

**BP** Indicates a nationally recognized Blueprints for Healthy Youth Development program. Blueprints for Healthy Youth Development, a project of the Center for the Study and Prevention of Violence at the University of Colorado, is funded by the Annie E. Casey Foundation. Blueprints systematically and continuously reviews the research on violence and drug abuse programs to determine if they are exemplary and grounded in evidence.
ADULT SERVICES HIGHLIGHTS

Total success rate of all Adult Residential programs was **80 percent**.

More than **4,800 clients** were served.

The number of community service hours completed was **13,533**. Calculated at minimum wage, our clients provided **$133,300** worth of labor to nonprofit agencies and municipalities.

Connecticut residential clients paid **$24,963** to the Connecticut Victim Compensation Board.

In November 2018, Watkinson Prisoners’ Aid Society awarded CSI with a **$3,500** grant to improve the aesthetics of the Hartford Residential programs. Funding was used to purchase items from the CT Residential programs wish list to enhance productivity.

YOUTH SERVICES HIGHLIGHTS

CSI served more than **1,135 youth** (residential and non-residential).

CSI’s outcomes exceeded most national averages. The percentage of youth living at home at time of discharge was **86 percent**; youth in school or working at time of discharge was **83 percent**; and youth with no new arrests during treatment was **86 percent**.

Nick Angers was the MST Expert “Whatever it Takes Award” recipient. Susan Ofstein MST Expert received a “Whatever it Takes” nomination.

TRAINING HIGHLIGHTS

Through the use of technology, the CSI Training and Resource Center (TRC) adapted a new practice to provide quality assurance (QA) and training remotely.

The TRC was awarded a grant by the Connecticut Department of Corrections, which selected Senior QA Coach and Trainer, Heath Greene, as the statewide project manager to reduce recidivism across the state.

The TRC continues its investment in our staff by increasing the provision of internal training and quality assurance. This included conducting various training and QA with our programs in California, Delaware, Georgia, Pennsylvania, Rhode Island, and Utah.
FINANCIALS 2018

FOR YEAR ENDED JUNE 30, 2018

Administration and General Expense
13.8%
Program Expense
86.2%

SOURCE OF REVENUE 2018

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<th>Source of Revenue</th>
<th>Amount</th>
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<td>INTEREST INCOME</td>
<td>$5,344</td>
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<tr>
<td>INVESTMENTS</td>
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<td>CONTRIBUTIONS</td>
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<td>PUBLIC SUPPORT</td>
<td>$10,927</td>
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<td>FEES &amp; GRANTS FROM GOVERNMENT AGENCIES</td>
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<td>RESIDENT SUBSISTENCE</td>
<td>$491,725</td>
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<td>OTHER PROGRAM REVENUE</td>
<td>$1,818,831</td>
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TOTAL REVENUE: $30,880,575
Federal Bureau of Prisons
United States Probation Office
CA Department of Corrections and Rehabilitation
CA Interface Children and Family Services
CA Santa Barbara County Sheriff’s Department
CA Santa Barbara County Probation
CT Court Support Services Division
CT Department of Corrections
CT North American Family Institute
DE Criminal Justice Council
GA Chris 180, Inc.
GA Criminal Justice Coordinating Council, Dekalb, Fulton, Houston, and Richmond Counties
GA Department of Juvenile Justice
GA Evidence-Based Associates
MD Baltimore County Health and Human Services, MST Services, Inc.
MD Baltimore Department of Juvenile Justice
MD Department of Social Services
MD Local Management Board, Baltimore
NJ Department of Children and Families, Division of Child Behavioral Services
NY Administration for Children’s Services
PA Berks County Children and Youth Services
PA Berks County Juvenile Probation Office
PA Clinton County Children and Youth Services
PA Clinton County Juvenile Probation Department
PA Community Care Behavioral Health Systems
PA Lehigh County Children and Youth Services
PA Luzerne County Children and Youth Services
PA Luzerne-Wyoming Mental Health and Developmental Services
PA Lycoming County Juvenile Probation Office
PA Magellan Behavioral Health
PA Northampton County Children and Youth Services
PA Northampton County Juvenile Probation Office
PA Pike County Children and Youth Services
PA Schuylkill County Children and Youth Services
PA Sullivan County Children and Youth Services
PA Wayne County Children and Youth Services
PA Wayne County Juvenile Probation Department
PA Wyoming County Children and Youth Services
PA Wyoming County Juvenile Probation Office
RI Department of Children, Youth, and Families
RI Department of Corrections
RI Tides Family Services
RI Providence Center
UT Department of Corrections

CANADA Kinark Children and Family Services
<table>
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<th><strong>CORPORATE DONORS</strong></th>
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<tr>
<td>21st Century Business Systems</td>
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<td>Abatement Plus, LLC.</td>
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<tr>
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## DONORS

### INDIVIDUAL DONORS

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<td>William &amp; Pat Fiocchetta</td>
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<tr>
<td>Marlene Thomas</td>
<td>Teresa and Christopher Williams</td>
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The mission of Community Solutions Inc. is to promote the independence, responsible citizenship, and well-being of individuals involved, or at risk of involvement, in the child welfare, juvenile justice, or criminal justice systems.